

# *Plantago maritima* subsp. *maritima*

## Flower

Flowering period: **May-July**

## Habitat and sociology

### Syntaxon

Diagnostic species of phytosociological classes: [JA \(SAG\) \*Saginetea maritima\*](#), [JB \(CRI\) \*Crithmo-Staticetea\*](#), [MF \(JUN\) \*Juncetea maritimi\*](#)

### Broad habitat

Occurrence in broad habitats: **Coastal saltmarsh, Coastal cliff, Saline vegetation, Scrub, Sparsely vegetated (incl. rock and scree)**

## Distribution

Continentality: **8**

Continentality amplitude: **6**