

Valeriana excelsa subsp. *sambucifolia*

Flower

Flowering period: **May-August**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [CM \(MOL\) Molinio-Arrhenatheretea](#),
[CS \(MUL\) Mulgedio-Aconitetea](#)

Broad habitat

Occurrence in broad habitats: **Wetland, Grassland (non-alpine, non-saline), Alpine-subalpine and arctic grassland, Scrub, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality: **5**

Continentality amplitude: **3**