

# *Valeriana excelsa* subsp. *sambucifolia*

## Flower

Flowering period: **May-August**

## Habitat and sociology

### Syntaxon

Diagnostic species of phytosociological classes: [CM \(MOL\) \*Molinio-Arrhenatheretea\*](#),  
[CS \(MUL\) \*Mulgedio-Aconitetea\*](#)

### Broad habitat

Occurrence in broad habitats: **Wetland, Grassland (non-alpine, non-saline), Alpine-subalpine and arctic grassland, Scrub, Sparsely vegetated (incl. rock and scree)**

## Distribution

Continentality: **5**

Continentality amplitude: **3**