

Mentha x verticillata aggr.

Habitus and growth type

Plant height [m]: **0.65**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Disturbance indicator values

Disturbance frequency: **1.16**

Disturbance frequency (herb layer): **1.8**

Disturbance severity: **0.51**

Disturbance severity (herb layer): **0.48**

Mowing frequency: **0.61**

Grazing pressure: **0.2**

Soil disturbance: **0.14**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [CM \(MOL\) *Molinio-Arrhenatheretea*](#)

Broad habitat

Occurrence in broad habitats: **Wetland, Grassland (non-alpine, non-saline)**

Distribution

Continentality amplitude: **5**