Valeriana montana

Habitus and growth type

Plant height [m]: **0.39**
Life span: **Perennial**
Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm^2/mg]: **27.71**

Flower

Flowering period: **April-August**

Fruit, seed and dispersal

Seed mass [mg]: **1.18**
Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**
Substrate reaction relationship: **Alkaline**
Nutrient relationship: **Oligotrophic**
Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8.3**
Temperature indicator value: **3**
Moisture indicator value: **5.5**
Reaction indicator value: **8**
Nutrient indicator value: **1.7**
Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.19**

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Disturbance frequency (herb layer): **0.94**
Disturbance severity: **0.55**
Disturbance severity (herb layer): **0.19**
Mowing frequency: **0.02**
Grazing pressure: **0.19**
Soil disturbance: **0.11**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **CS (MUL) *Mulgedio-Aconitetea*, KE (THL) *Thlaspietea rotundifolii***

EUNIS habitat

Diagnostic species of EUNIS habitats: **S26 Subalpine Pinus mugo scrub**
Constant species of EUNIS habitats: **S26 Subalpine Pinus mugo scrub**

Broad habitat

Occurrence in broad habitats: **Coastal cliff, Spring, Alpine-subalpine and arctic grassland, Scrub, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality: **3**
Continentality amplitude: **3**

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