

# *Valeriana excelsa*

## Habitus and growth type

Plant height [m]: **0.85**

Life span: **Perennial**

Life form: **Hemicryptophyte**

## Leaf

Specific leaf area [mm<sup>2</sup>/mg]: **49.89**

## Flower

Flowering period: **April-August**

## Fruit, seed and dispersal

Seed mass [mg]: **0.76**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **2**

## Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

## Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Wetland, Grassland (non-alpine, non-saline), Alpine-subalpine and arctic grassland, Scrub, Forest, Sparsely vegetated (incl. rock and scree)**