

# *Teucrium montanum*

## Habitus and growth type

Plant height [m]: **0.16**

Life span: **Perennial**

Life form: **Chamaephyte**

## Leaf

Leaf type (woody plants only): **Sclerophyllous**

Leaf phenology (woody plants only): **Evergreen**

Specific leaf area [mm<sup>2</sup>/mg]: **10.65**

## Flower

Flowering period: **April-August**

## Fruit, seed and dispersal

Seed mass [mg]: **0.85**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

## Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

## Taxon origin

Origin in Europe: **Native**

## Ecology

Environmental relationships

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Dystrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8.4**

Moisture indicator value: **2**

Reaction indicator value: **8.8**

Nutrient indicator value: **1.4**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.73**

Disturbance frequency (herb layer): **1.59**  
 Disturbance severity: **0.48**  
 Disturbance severity (herb layer): **0.35**  
 Mowing frequency: **0.25**  
 Grazing pressure: **0.32**  
 Soil disturbance: **0.16**

## Habitat and sociology

### Syntaxon

Diagnostic species of phytosociological classes: [DA \(FES\) Festuco-Brometea](#)

### EUNIS habitat

Diagnostic species of EUNIS habitats: [R16 Perennial rocky grassland of Central and South-Eastern Europe](#), [R17 Heavy-metal dry grassland of the Balkans](#), [R18 Perennial rocky calcareous grassland of subatlantic-submediterranean Europe](#), [R19 Dry steppic submediterranean pasture of the Amphi-Adriatic region](#), [T36 Temperate and submediterranean montane Pinus sylvestris-Pinus nigra forest](#)

Constant species of EUNIS habitats: [R14 Perennial rocky grassland of the Italian Peninsula](#), [R16 Perennial rocky grassland of Central and South-Eastern Europe](#), [R17 Heavy-metal dry grassland of the Balkans](#), [R18 Perennial rocky calcareous grassland of subatlantic-submediterranean Europe](#), [R19 Dry steppic submediterranean pasture of the Amphi-Adriatic region](#), [R45 Alpine and subalpine calcareous grassland of the Balkans and Apennines](#), [S24 Subalpine genistoid scrub of the Amphi-Adriatic region](#), [T36 Temperate and submediterranean montane Pinus sylvestris-Pinus nigra forest](#)

### Broad habitat

Occurrence in broad habitats: **Coastal cliff**, **Grassland (non-alpine, non-saline)**, **Alpine-subalpine and arctic grassland**, **Oromediterranean scrub**, **Scrub**, **Forest**, **Sparsely vegetated (incl. rock and scree)**

## Distribution

Continentality: **5**  
 Continentality amplitude: **3**