

Stachys alpina

Habitus and growth type

Plant height [m]: **0.59**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Flower

Flowering period: **May-July**

Fruit, seed and dispersal

Seed mass [mg]: **4.32**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **6.4**

Moisture indicator value: **5.3**

Reaction indicator value: **7.6**

Nutrient indicator value: **6.9**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.16**

Disturbance frequency (herb layer): **1.37**

Disturbance severity: **0.65**

Disturbance severity (herb layer): **0.22**

Mowing frequency: **0.09**

Grazing pressure: **0.2**

Soil disturbance: **0.13**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [QG \(EPI\) *Epilobietea angustifolii*](#)

Broad habitat

Occurrence in broad habitats: **Alpine-subalpine and arctic grassland, Scrub, Forest, Synanthropic**

Distribution

Continentality: **4**

Continentality amplitude: **4**