

Sideritis scardica

Habitus and growth type

Life span: **Perennial**

Life form: **Chamaephyte, Hemicryptophyte**

Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Ellenberg-type indicator values

Light indicator value: **8.5**

Temperature indicator value: **5.4**

Moisture indicator value: **3.5**

Reaction indicator value: **6.2**

Nutrient indicator value: **3**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **1.11**

Disturbance frequency (herb layer): **1.88**

Disturbance severity: **0.35**

Disturbance severity (herb layer): **0.31**

Mowing frequency: **0.07**

Grazing pressure: **0.29**

Soil disturbance: **0.12**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [CU \(SES\) *Elyno-Seslerietea*](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [T39 Mediterranean and Balkan subalpine *Pinus heldreichii*-*Pinus peuce* forest](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Forest**