

Sideritis romana

Habitus and growth type

Plant height [m]: **0.15**

Life span: **Annual**

Life form: **Therophyte**

Flower

Flowering period: **March-June**

Fruit, seed and dispersal

Seed mass [mg]: **0.51**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Dry**

Substrate reaction relationship: **Slightly acidic to near-neutral**

Nutrient relationship: **Oligotrophic**

Salinity relationship: **Slightly saline or brackish**

Ellenberg-type indicator values

Light indicator value: **8**

Temperature indicator value: **9.7**

Moisture indicator value: **3.5**

Reaction indicator value: **7**

Nutrient indicator value: **4**

Salinity indicator value: **0.5**

Disturbance indicator values

Disturbance frequency: **1.13**

Disturbance frequency (herb layer): **1.81**

Disturbance severity: **0.74**

Disturbance severity (herb layer): **0.65**

Mowing frequency: **0.32**

Grazing pressure: **0.34**

Soil disturbance: **0.33**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [FJ \(TRA\) *Stipo-Trachynietea distachyae*](#)

EUNIS habitat

Constant species of EUNIS habitats: [R1F Mediterranean annual-rich dry grassland](#),
[S63 Eastern garrigue](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub, Sparsely vegetated (incl. rock and scree)**