

Sideritis pungens

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Disturbance indicator values

Disturbance frequency: **1.08**

Disturbance frequency (herb layer): **2.01**

Disturbance severity: **0.48**

Disturbance severity (herb layer): **0.3**

Mowing frequency: **0.15**

Grazing pressure: **0.4**

Soil disturbance: **0.2**

Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub**