

Sideritis lasiantha

Habitus and growth type

Life span: **Perennial**

Life form: **Chamaephyte**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [FA \(QUI\) Quercetea ilicis](#)

Broad habitat

Occurrence in broad habitats: **Forest**