

# *Sideritis lasiantha*

## Habitus and growth type

Life span: **Perennial**

Life form: **Chamaephyte**

## Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

## Taxon origin

Origin in Europe: **native**

## Habitat and sociology

### Syntaxon

Diagnostic species of phytosociological classes: [FA \(QUI\) Quercetea ilicis](#)

### Broad habitat

Occurrence in broad habitats: **Forest**