

# *Sideritis incana*

## Habitus and growth type

Life span: **Perennial**

Life form: **Chamaephyte**

## Leaf

Specific leaf area [mm<sup>2</sup>/mg]: **11.03**

## Fruit, seed and dispersal

Seed mass [mg]: **1.6**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **2**

## Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

## Taxon origin

Origin in Europe: **Native**

## Ecology

### Ellenberg-type indicator values

Light indicator value: **8.4**

Temperature indicator value: **6.6**

Moisture indicator value: **2.1**

Reaction indicator value: **7.3**

Nutrient indicator value: **1.7**

Salinity indicator value: **0**

### Disturbance indicator values

Disturbance frequency: **0.41**

Disturbance frequency (herb layer): **1.53**

Disturbance severity: **0.68**

Disturbance severity (herb layer): **0.18**

Mowing frequency: **0.02**

Grazing pressure: **0.4**

Soil disturbance: **0.16**

## Habitat and sociology

EUNIS habitat

Diagnostic species of EUNIS habitats: [S61 Western basiphilous garrigue](#), [S73 Western Mediterranean mountain hedgehog-heath](#)