Sideritis glacialis

Habitus and growth type

Life span: **Perennial**
Life form: **Chamaephyte**

Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Ellenberg-type indicator values

Light indicator value: **8.9**
Temperature indicator value: **3.9**
Moisture indicator value: **1.8**
Reaction indicator value: **6.4**
Nutrient indicator value: **1.1**

Disturbance indicator values

Disturbance frequency: **1.48**
Disturbance frequency (herb layer): **1.48**
Disturbance severity: **0.33**
Disturbance severity (herb layer): **0.33**
Mowing frequency: **0.02**
Grazing pressure: **0.2**
Soil disturbance: **0.15**

Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Alpine-subalpine and arctic grassland, Scrub**

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