

# *Plantago montana*

## **Habitus and growth type**

Life span: **Perennial**

Life form: **Hemicryptophyte**

## **Fruit, seed and dispersal**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

## **Trophic mode**

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**