

Plantago macrorhiza

Habitus and growth type

Plant height [m]: **0.13**

Life span: **Perennial**

Life form: **Chamaephyte, Hemicryptophyte**

Flower

Flowering period: **April-October**

Fruit, seed and dispersal

Seed mass [mg]: **0.23**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Dry**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Mesotrophic**

Salinity relationship: **Slightly saline or brackish**

Ellenberg-type indicator values

Light indicator value: **9**

Temperature indicator value: **9.5**

Moisture indicator value: **4**

Reaction indicator value: **7.5**

Nutrient indicator value: **4.5**

Salinity indicator value: **4**

Disturbance indicator values

Disturbance frequency: **0.95**

Disturbance frequency (herb layer): **1**

Disturbance severity: **0.36**

Disturbance severity (herb layer): **0.33**

Mowing frequency: **0.05**

Grazing pressure: **0.14**

Soil disturbance: **0.33**

Habitat and sociology

EUNIS habitat

Diagnostic species of EUNIS habitats: [N32 Mediterranean and Black Sea rocky sea cliff and shore](#)

Broad habitat

Occurrence in broad habitats: **Coastal beach, dune or shingle, Coastal cliff, Scrub, Sparsely vegetated (incl. rock and scree)**