

Nepeta cataria

Habitus and growth type

Plant height [m]: **0.69**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **31.38**

Flower

Flowering period: **May-August**

Fruit, seed and dispersal

Seed mass [mg]: **0.54**

Dispersal mode: **Local non-specific dispersal, Anthropochory**

Dispersal distance class: **2, 7**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Dry**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **7.7**

Temperature indicator value: **6.9**

Moisture indicator value: **3.9**

Reaction indicator value: **7**

Nutrient indicator value: **6.6**

Salinity indicator value: **0.2**

Disturbance indicator values

Disturbance frequency: **1**

Disturbance frequency (herb layer): **1.6**

Disturbance severity: **0.64**

Disturbance severity (herb layer): **0.58**

Mowing frequency: **0.59**

Grazing pressure: **0.19**

Soil disturbance: **0.27**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [QF \(ART\) Artemisietea vulgaris](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub, Synanthropic**

Distribution

Continentality amplitude: **6**