

Mentha pulegium

Habitus and growth type

Plant height [m]: **0.2**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **31.11**

Flower

Flowering period: **April-September**

Fruit, seed and dispersal

Seed mass [mg]: **0.08**

Dispersal mode: **Hydrochory**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Wet**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Slightly saline or brackish**

Ellenberg-type indicator values

Light indicator value: **8.2**

Moisture indicator value: **7.2**

Salinity indicator value: **1**

Disturbance indicator values

Disturbance frequency: **1.51**

Disturbance frequency (herb layer): **2.01**

Disturbance severity: **0.51**

Disturbance severity (herb layer): **0.5**

Mowing frequency: **0.41**

Grazing pressure: **0.39**

Soil disturbance: **0.2**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [OC \(ISO\) *Isoëto-Nanojuncetea*](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [Q62 Periodically exposed shore with stable, mesotrophic sediments with pioneer or ephemeral vegetation](#)

Constant species of EUNIS habitats: [Q62 Periodically exposed shore with stable, mesotrophic sediments with pioneer or ephemeral vegetation](#), [R65 Continental subsaline alluvial pasture and meadow](#), [V14 Inundated or inundatable cropland, including rice fields](#)

Broad habitat

Occurrence in broad habitats: **Aquatic, Wetland, Grassland (non-alpine, non-saline), Saline vegetation, Sparsely vegetated (incl. rock and scree), Synanthropic**

Distribution

Continentality amplitude: **5**