

Mentha longifolia

Habitus and growth type

Plant height [m]: **0.79**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **29.52**

Flower

Flowering period: **May-October**

Fruit, seed and dispersal

Seed mass [mg]: **0.08**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Wet**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **7.3**

Moisture indicator value: **8**

Reaction indicator value: **7.8**

Salinity indicator value: **0.1**

Disturbance indicator values

Disturbance frequency: **1.03**

Disturbance frequency (herb layer): **1.43**

Disturbance severity: **0.53**

Disturbance severity (herb layer): **0.49**
Mowing frequency: **0.55**
Grazing pressure: **0.22**
Soil disturbance: **0.16**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [CM \(MOL\) *Molinio-Arrhenatheretea*](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [R31 Mediterranean tall humid inland grassland](#), [U71 Unvegetated or sparsely vegetated gravel bar in montane and alpine regions](#), [U72 Unvegetated or sparsely vegetated gravel bar in the Mediterranean region](#)

Constant species of EUNIS habitats: [R31 Mediterranean tall humid inland grassland](#), [R55 Lowland moist or wet tall-herb and fern fringe](#), [S91 Temperate riparian scrub](#), [U71 Unvegetated or sparsely vegetated gravel bar in montane and alpine regions](#), [U72 Unvegetated or sparsely vegetated gravel bar in the Mediterranean region](#)

Broad habitat

Occurrence in broad habitats: **Aquatic, Spring, Wetland, Mire, Grassland (non-alpine, non-saline), Scrub, Sparsely vegetated (incl. rock and scree), Synanthropic**

Distribution

Continentality amplitude: **6**