Lamium album

Habitus and growth type

Plant height [m]: **0.33**
Life span: **Perennial**
Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm^2/mg]: **35.94**

Flower

Flowering period: **April-August**

Fruit, seed and dispersal

Seed mass [mg]: **1.82**
Dispersal mode: **Myrmecochory**
Dispersal distance class: **3**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**
Substrate reaction relationship: **Slightly acidic to near-neutral**
Nutrient relationship: **Eutrophic**
Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **6.6**
Temperature indicator value: **5.6**
Moisture indicator value: **5**
Reaction indicator value: **5.8**
Nutrient indicator value: **8.3**
Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.85**

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Disturbance frequency (herb layer): **1.44**
Disturbance severity: **0.6**
Disturbance severity (herb layer): **0.52**
Mowing frequency: **0.65**
Grazing pressure: **0.17**
Soil disturbance: **0.28**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **QG (EPI) *Epilobietea angustifolii***

EUNIS habitat

Diagnostic species of EUNIS habitats: **V39 Mesic perennial anthropogenic herbaceous vegetation**
Constant species of EUNIS habitats: **V39 Mesic perennial anthropogenic herbaceous vegetation**

Broad habitat

Occurrence in broad habitats: **Wetland, Grassland (non-alpine, non-saline), Scrub, Forest, Sparsely vegetated (incl. rock and scree), Synanthropic**

Distribution

Continentality amplitude: **7**

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