

Lactuca sibirica

Habitus and growth type

Life span: **Perennial**

Life form: **Hemicryptophyte**

Fruit, seed and dispersal

Dispersal mode: **Anemochory**

Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Ellenberg-type indicator values

Moisture indicator value: **5**

Disturbance indicator values

Disturbance frequency: **0.18**

Disturbance frequency (herb layer): **1.45**

Disturbance severity: **0.68**

Disturbance severity (herb layer): **0.28**

Mowing frequency: **0.09**

Grazing pressure: **0.2**

Soil disturbance: **0.13**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [**CS \(MUL\) *Mulgedio-Aconitetea***](#)

Broad habitat

Occurrence in broad habitats: **Alpine-subalpine and arctic grassland**