

Lactuca alpestris

Habitus and growth type

Life span: **Perennial**

Life form: **Hemicryptophyte**

Fruit, seed and dispersal

Dispersal mode: **Anemochory**

Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Dry**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **7**

Moisture indicator value: **3**

Reaction indicator value: **8**

Nutrient indicator value: **5**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **1.22**

Disturbance frequency (herb layer): **1.95**

Disturbance severity: **0.59**

Disturbance severity (herb layer): **0.48**

Mowing frequency: **0.15**

Grazing pressure: **0.32**

Soil disturbance: **0.27**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **[FR \(DAP\) Daphno-Festucetea](#)**

EUNIS habitat

Diagnostic species of EUNIS habitats: **[S75 Eastern Mediterranean mountain hedgehog-heath](#)**

Broad habitat

Occurrence in broad habitats: **Oromediterranean scrub**