

# *Inula helvetica*

## Habitus and growth type

Plant height [m]: **0.52**

Life span: **Perennial**

Life form: **Hemicryptophyte**

## Flower

Flowering period: **June-September**

## Fruit, seed and dispersal

Seed mass [mg]: **0.16**

Dispersal mode: **Anemochory**

Dispersal distance class: **5**

## Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

## Taxon origin

Origin in Europe: **Native**

## Ecology

### Environmental relationships

Substrate humidity relationship: **Wet**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Non-saline**

### Ellenberg-type indicator values

Light indicator value: **7**

Moisture indicator value: **7.3**

Reaction indicator value: **7.3**

Nutrient indicator value: **7**

Salinity indicator value: **0**

## Habitat and sociology

### Syntaxon

Diagnostic species of phytosociological classes: [QG \(EPI\) Epilobietea angustifolii](#)

### Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub, Synanthropic**

## **Distribution**

Continentality: **4**

Continentality amplitude: **2**