

Inula helenioides

Habitus and growth type

Life span: **Perennial**

Life form: **Hemicryptophyte**

Fruit, seed and dispersal

Dispersal mode: **Anemochory**

Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8.5**

Temperature indicator value: **7.5**

Moisture indicator value: **3**

Reaction indicator value: **8**

Salinity indicator value: **0**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [DA \(FES\) Festuco-Brometea](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline)**