

Helianthus tuberosus

Habitus and growth type

Plant height [m]: **1.67**

Life span: **Perennial**

Life form: **Geophyte**

Leaf

Specific leaf area [mm²/mg]: **32.81**

Flower

Flowering period: **July-October**

Fruit, seed and dispersal

Seed mass [mg]: **3.8**

Dispersal mode: **Local non-specific dispersal, Anthropochory**

Dispersal distance class: **2, 7**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Neophyte**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **7.8**

Temperature indicator value: **6.9**

Moisture indicator value: **6.4**

Reaction indicator value: **7.2**

Nutrient indicator value: **7.7**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **1.04**

Disturbance frequency (herb layer): **1.52**
Disturbance severity: **0.67**
Disturbance severity (herb layer): **0.61**
Mowing frequency: **0.55**
Grazing pressure: **0.2**
Soil disturbance: **0.27**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [QG \(EPI\) Epilobietea angustifolii](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [V39 Mesic perennial anthropogenic herbaceous vegetation](#)

Broad habitat

Occurrence in broad habitats: **Wetland, Scrub, Sparsely vegetated (incl. rock and scree), Synanthropic**

Distribution

Continentality: **5**
Continentality amplitude: **4**