

Clinopodium menthifolium

Habitus and growth type

Plant height [m]: **0.49**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Flower

Flowering period: **April-October**

Fruit, seed and dispersal

Seed mass [mg]: **0.36**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Mesotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **5.3**

Temperature indicator value: **6.6**

Moisture indicator value: **5**

Reaction indicator value: **6.4**

Nutrient indicator value: **4.6**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.08**

Disturbance frequency (herb layer): **1.33**

Disturbance severity: **0.67**

Disturbance severity (herb layer): **0.16**

Mowing frequency: **0.05**

Grazing pressure: **0.21**

Soil disturbance: **0.11**

Habitat and sociology

EUNIS habitat

Diagnostic species of EUNIS habitats: [T1G Alnus cordata forest](#)

Constant species of EUNIS habitats: [T1G Alnus cordata forest](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub, Forest**

Distribution

Continentality: **5**

Continentality amplitude: **4**