# *Cephalaria alpina*

## Habitus and growth type

Plant height [m]: **0.8**
Life span: **Perennial**
Life form: **Hemicryptophyte**

## Flower

Flowering period: **June-August**

## Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **2**

## Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

## Taxon origin

Origin in Europe: **native**

## Ecology

### Environmental relationships

Substrate humidity relationship: **Mesic**
Substrate reaction relationship: **Slightly acidic to near-neutral**
Nutrient relationship: **Oligotrophic**
Salinity relationship: **Non-saline**

### Ellenberg-type indicator values

Light indicator value: **7**
Temperature indicator value: **4**
Moisture indicator value: **5**
Reaction indicator value: **6**
Nutrient indicator value: **2**
Salinity indicator value: **0**

### Disturbance indicator values

Disturbance frequency: **0.31**
Disturbance frequency (herb layer): **1.35**
Disturbance severity: **0.57**
Disturbance severity (herb layer): **0.24**
Mowing frequency: **0.12**

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Grazing pressure: **0.17**
Soil disturbance: **0.09**

## Habitat and sociology

### Syntaxon

Diagnostic species of phytosociological classes: **CS (MUL) *Mulgedio-Aconitetea***

### Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Alpine-subalpine and arctic grassland, Scrub, Sparsely vegetated (incl. rock and scree)**

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