

Carex frigida

Habitus and growth type

Plant height [m]: **0.27**

Life span: **Perennial**

Life form: **Hemicryptophyte, Geophyte**

Leaf

Specific leaf area [mm²/mg]: **27.9**

Flower

Flowering period: **May-July**

Fruit, seed and dispersal

Seed mass [mg]: **0.39**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Wet**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Oligotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8.8**

Temperature indicator value: **2**

Moisture indicator value: **8.8**

Reaction indicator value: **7.3**

Nutrient indicator value: **1.7**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **1.39**

Disturbance frequency (herb layer): **1.7**
Disturbance severity: **0.24**
Disturbance severity (herb layer): **0.22**
Mowing frequency: **0.17**
Grazing pressure: **0.12**
Soil disturbance: **0.09**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [PA \(SCH\) *Scheuchzerio palustris-Caricetea fuscae*](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [Q45 Arctic-alpine rich fen](#)

Constant species of EUNIS habitats: [Q45 Arctic-alpine rich fen](#)

Broad habitat

Occurrence in broad habitats: **Spring, Wetland, Mire, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality: **3**
Continentality amplitude: **3**