

Plantago maritima subsp. *maritima*

Flower

Flowering period: **May-July**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [JA \(SAG\) *Saginetea maritimae*](#), [JB \(CRI\) *Crithmo-Staticetea*](#), [MF \(JUN\) *Juncetea maritimi*](#)

Broad habitat

Occurrence in broad habitats: **Coastal saltmarsh, Coastal cliff, Saline vegetation, Scrub, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality: **8**

Continentality amplitude: **6**