

Beta vulgaris* subsp. *maritima

Fruit, seed and dispersal

Seed mass [mg]: **16.44**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **2**

Ecology

Disturbance indicator values

Disturbance frequency: **1.54**

Disturbance frequency (herb layer): **1.61**

Disturbance severity: **0.63**

Disturbance severity (herb layer): **0.63**

Mowing frequency: **0.23**

Grazing pressure: **0.18**

Soil disturbance: **0.54**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [JC \(CAK\) *Cakiletea maritimae*](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [N21 Atlantic, Baltic and Arctic coastal shingle beach](#)

Constant species of EUNIS habitats: [N21 Atlantic, Baltic and Arctic coastal shingle beach](#), [N22 Mediterranean and Black Sea coastal shingle beach](#), [N31 Atlantic and Baltic rocky sea cliff and shore](#)

Broad habitat

Occurrence in broad habitats: **Coastal beach, dune or shingle, Coastal cliff**

Distribution

Continentality: **3**

Continentality amplitude: **3**