Mentha x verticillata aggr.

Habitus and growth type

Plant height [m]: **0.65**
Life span: **Perennial**
Life form: **Hemicryptophyte**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Disturbance indicator values

Disturbance frequency: **1.16**
Disturbance frequency (herb layer): **1.8**
Disturbance severity: **0.51**
Disturbance severity (herb layer): **0.48**
Mowing frequency: **0.61**
Grazing pressure: **0.2**
Soil disturbance: **0.14**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **CM (MOL) *Molinio-Arrhenatheretea***

Broad habitat

Occurrence in broad habitats: **Wetland, Grassland (non-alpine, non-saline)**

Distribution

Continentality amplitude: **5**

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