

Valeriana tripteris

Habitus and growth type

Plant height [m]: **0.32**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **30.58**

Flower

Flowering period: **May-August**

Fruit, seed and dispersal

Seed mass [mg]: **0.92**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Oligotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **6.9**

Temperature indicator value: **3.7**

Moisture indicator value: **5.5**

Reaction indicator value: **8**

Nutrient indicator value: **2.4**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.07**

Disturbance frequency (herb layer): **1.04**
Disturbance severity: **0.63**
Disturbance severity (herb layer): **0.14**
Mowing frequency: **0.01**
Grazing pressure: **0.19**
Soil disturbance: **0.09**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [KC \(ASP\) *Asplenietea trichomanis*](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [S25 Subalpine and subarctic deciduous scrub](#), [S26 Subalpine *Pinus mugo* scrub](#), [T31 Temperate mountain *Picea* forest](#), [T34 Temperate subalpine *Larix*, *Pinus cembra* and *Pinus uncinata* forest](#)

Constant species of EUNIS habitats: [S25 Subalpine and subarctic deciduous scrub](#), [S26 Subalpine *Pinus mugo* scrub](#), [T31 Temperate mountain *Picea* forest](#), [T34 Temperate subalpine *Larix*, *Pinus cembra* and *Pinus uncinata* forest](#)

Broad habitat

Occurrence in broad habitats: **Coastal cliff, Spring, Scrub, Forest, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality: **4**
Continentality amplitude: **2**