Valeriana excelsa

Habitus and growth type

Plant height [m]: **0.85**
Life span: **Perennial**
Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm^2/mg]: **49.89**

Flower

Flowering period: **April-August**

Fruit, seed and dispersal

Seed mass [mg]: **0.76**
Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Wetland, Grassland (non-alpine, non-saline), Alpine-subalpine and arctic grassland, Scrub, Forest, Sparsely vegetated (incl. rock and scree)**

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