Stachys maritima

Habitus and growth type

Plant height [m]: **0.21**
Life span: **Perennial**
Life form: **Hemicryptophyte**

Flower

Flowering period: **June-August**

Fruit, seed and dispersal

Seed mass [mg]: **1.52**
Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Dry**
Substrate reaction relationship: **Alkaline**
Nutrient relationship: **Mesotrophic**
Salinity relationship: **Slightly saline or brackish**

Ellenberg-type indicator values

Light indicator value: **9**
Temperature indicator value: **8.5**
Moisture indicator value: **4**
Reaction indicator value: **7**
Nutrient indicator value: **4**
Salinity indicator value: **4**

Disturbance indicator values

Disturbance frequency: **1.38**
Disturbance frequency (herb layer): **2.13**
Disturbance severity: **0.47**
Disturbance severity (herb layer): **0.44**

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Mowing frequency: **0.06**
Grazing pressure: **0.14**
Soil disturbance: **0.65**

Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Coastal beach, dune or shingle**

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