

Sideritis stachydioides

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [KC \(ASP\) *Asplenietea trichomanis*](#)

Broad habitat

Occurrence in broad habitats: **Sparsely vegetated (incl. rock and scree)**