Sideritis pungens

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Disturbance indicator values

Disturbance frequency: **1.08**
Disturbance frequency (herb layer): **2.01**
Disturbance severity: **0.48**
Disturbance severity (herb layer): **0.3**
Mowing frequency: **0.15**
Grazing pressure: **0.4**
Soil disturbance: **0.2**

Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub**

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