

Sideritis ovata

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Ellenberg-type indicator values

Light indicator value: **9**

Temperature indicator value: **5**

Moisture indicator value: **2**

Reaction indicator value: **7**

Nutrient indicator value: **1**

Disturbance indicator values

Disturbance frequency: **1.87**

Disturbance frequency (herb layer): **1.87**

Disturbance severity: **0.49**

Disturbance severity (herb layer): **0.47**

Mowing frequency: **0.57**

Grazing pressure: **0.34**

Soil disturbance: **0.12**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [FP \(ONO\) Festuco hystricis-Ononidetia striatae](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline)**