Sideritis macrostachys

Fruit, seed and dispersal

Seed mass [mg]: **0.87**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **GC (LAU) *Pruno lusitanicae-Lauretea azoricae***

Broad habitat

Occurrence in broad habitats: **Forest**

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