Sideritis italica

Habitus and growth type

Plant height [m]: **0.4**
Life span: **Perennial**
Life form: **Chamaephyte**

Flower

Flowering period: **April-July**

Fruit, seed and dispersal

Seed mass [mg]: **1.87**
Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Dry**
Substrate reaction relationship: **Alkaline**
Nutrient relationship: **Oligotrophic**
Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **9**
Temperature indicator value: **6**
Moisture indicator value: **3**
Reaction indicator value: **7**
Nutrient indicator value: **2**
Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **1.58**
Disturbance frequency (herb layer): **2.15**
Disturbance severity: **0.48**
Disturbance severity (herb layer): **0.43**

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Mowing frequency: **0.21**
Grazing pressure: **0.38**
Soil disturbance: **0.18**

Habitat and sociology

EUNIS habitat

Diagnostic species of EUNIS habitats: **R14 Perennial rocky grassland of the Italian Peninsula**

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub, Sparsely vegetated (incl. rock and scree)**

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