

Sideritis hyssopifolia

Habitus and growth type

Plant height [m]: **0.25**

Life span: **Perennial**

Life form: **Chamaephyte**

Flower

Flowering period: **June-September**

Fruit, seed and dispersal

Seed mass [mg]: **1.39**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [FP \(ONO\) Festuco hystricis-Ononidetea striatae](#)

Broad habitat

Occurrence in broad habitats: **Coastal cliff, Grassland (non-alpine, non-saline), Sparsely vegetated (incl. rock and scree)**