

Sideritis fruticulosa

Habitus and growth type

Life span: **Perennial**

Life form: **Chamaephyte**

Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [**FB \(ROS\) Ononido-Rosmarinetea**](#)

Broad habitat

Occurrence in broad habitats: **Scrub**