Sideritis endressii

Habitus and growth type

Plant height [m]: **0.5**
Life span: **Perennial**
Life form: **Chamaephyte, Hemicryptophyte**

Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate reaction relationship: **Alkaline**
Nutrient relationship: **Mesotrophic**
Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8**
Moisture indicator value: **2.8**
Reaction indicator value: **7.3**
Nutrient indicator value: **3.5**
Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **1.55**
Disturbance frequency (herb layer): **1.55**
Disturbance severity: **0.43**
Disturbance severity (herb layer): **0.43**
Mowing frequency: **0.26**
Grazing pressure: **0.31**
Soil disturbance: **0.15**

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