

Prunella vulgaris

Habitus and growth type

Plant height [m]: **0.15**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **28.07**

Flower

Flowering period: **March-October**

Fruit, seed and dispersal

Seed mass [mg]: **0.79**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Substrate reaction relationship: **Slightly acidic to near-neutral**

Nutrient relationship: **Mesotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **6.8**

Moisture indicator value: **5.6**

Reaction indicator value: **5.8**

Salinity indicator value: **0.1**

Disturbance indicator values

Disturbance frequency: **0.93**

Disturbance frequency (herb layer): **1.87**

Disturbance severity: **0.52**

Disturbance severity (herb layer): **0.45**

Mowing frequency: **0.68**

Grazing pressure: **0.3**

Soil disturbance: **0.27**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [CM \(MOL\) *Molinio-Arrhenatheretea*](#)

EUNIS habitat

Constant species of EUNIS habitats: [N1H Atlantic and Baltic moist and wet dune slack](#), [Q41 Alkaline, calcareous, carbonate-rich small-sedge spring fen](#), [R1A Semi-dry perennial calcareous grassland \(meadow steppe\)](#), [R21 Mesic permanent pasture of lowlands and mountains](#), [R22 Low and medium altitude hay meadow](#), [R23 Mountain hay meadow](#), [R31 Mediterranean tall humid inland grassland](#), [R33 Mediterranean short moist grassland of mountains](#), [R34 Submediterranean moist meadow](#), [R37 Temperate and boreal moist or wet oligotrophic grassland](#), [T14 Mediterranean and Macaronesian riparian forest](#), [T1G *Alnus cordata* forest](#), [U71 Unvegetated or sparsely vegetated gravel bar in montane and alpine regions](#)

Broad habitat

Occurrence in broad habitats: **Wetland, Mire, Grassland (non-alpine, non-saline), Scrub, Forest, Sparsely vegetated (incl. rock and scree), Synanthropic**

Distribution

Continentality amplitude: **6**