Polypodium vulgare

Habitus and growth type

Plant height [m]: **0.22**
Life span: **Perennial**
Life form: **Hemicryptophyte, Geophyte, Epiphyte**

Leaf

Specific leaf area [mm^2/mg]: **12.35**

Flower

Flowering period: **April-October**

Fruit, seed and dispersal

Seed mass [mg]: **13.98**
Dispersal mode: **Anemochory**
Dispersal distance class: **3**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**
Substrate reaction relationship: **Acidic**
Nutrient relationship: **Oligotrophic**
Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **5.5**
Moisture indicator value: **4.9**
Reaction indicator value: **3.8**
Nutrient indicator value: **2.8**
Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.1**
Disturbance frequency (herb layer): **1.28**

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Disturbance severity: **0.65**
Disturbance severity (herb layer): **0.16**
Mowing frequency: **0.03**
Grazing pressure: **0.2**
Soil disturbance: **0.12**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **CI (NAR) *Nardetea strictae***, **KC (ASP) *Asplenietea trichomanis***

EUNIS habitat

Diagnostic species of EUNIS habitats: **N18 Atlantic and Baltic coastal Empetrum heath**, **N1F Baltic coniferous coastal dune forest**, **U33 Temperate, lowland to montane siliceous inland cliff**

Constant species of EUNIS habitats: **N18 Atlantic and Baltic coastal Empetrum heath**, **N1D Atlantic and Baltic broad-leaved coastal dune forest**, **N1F Baltic coniferous coastal dune forest**, **T1F Ravine forest**, **T32 Temperate mountain Abies forest**, **U32 Temperate high-mountain siliceous inland cliff**, **U33 Temperate, lowland to montane siliceous inland cliff**, **U34 Mediterranean siliceous inland cliff**

Broad habitat

Occurrence in broad habitats: **Coastal cliff, Grassland (non-alpine, non-saline), Heathland, Scrub, Forest, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality amplitude: **6**

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