

Poa media

Habitus and growth type

Life span: **Perennial**

Life form: **Hemicryptophyte**

Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Ellenberg-type indicator values

Moisture indicator value: **5**

Disturbance indicator values

Disturbance frequency: **1.12**

Disturbance frequency (herb layer): **1.16**

Disturbance severity: **0.27**

Disturbance severity (herb layer): **0.26**

Mowing frequency: **0.02**

Grazing pressure: **0.21**

Soil disturbance: **0.07**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [**CT \(TRI\) *Juncetea trifidi***](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline)**