

Plantago uniflora

Habitus and growth type

Plant height [m]: **0.09**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **12.68**

Flower

Flowering period: **April-July**

Fruit, seed and dispersal

Seed mass [mg]: **0.82**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Water**

Substrate reaction relationship: **Slightly acidic to near-neutral**

Nutrient relationship: **Oligotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **7.4**

Temperature indicator value: **5.4**

Moisture indicator value: **9.8**

Reaction indicator value: **5.4**

Nutrient indicator value: **2.2**

Salinity indicator value: **0.4**

Disturbance indicator values

Disturbance frequency: **1.45**

Disturbance frequency (herb layer): **1.46**
Disturbance severity: **0.24**
Disturbance severity (herb layer): **0.24**
Mowing frequency: **0.03**
Grazing pressure: **0.09**
Soil disturbance: **0.09**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **[OB \(LIT\) Littorelletea uniflorae](#)**

EUNIS habitat

Diagnostic species of EUNIS habitats: **[P3f Oligotrophic-water vegetation](#)**

Constant species of EUNIS habitats: **[P3f Oligotrophic-water vegetation](#)**

Dominant species of EUNIS habitats: **[P3f Oligotrophic-water vegetation](#)**

Broad habitat

Occurrence in broad habitats: **Aquatic**

Distribution

Continentality: **4**

Continentality amplitude: **4**