Plantago montana

Habitus and growth type

Life span: **Perennial**
Life form: **Hemicryptophyte**

Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

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