Plantago maxima

Habitus and growth type

Life span: **Perennial**
Life form: **Hemicryptophyte**

Fruit, seed and dispersal

Seed mass [mg]: **0.33**
Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**
Substrate reaction relationship: **Slightly acidic to near-neutral**
Nutrient relationship: **Mesotrophic**
Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8**
Temperature indicator value: **5.5**
Moisture indicator value: **6.1**
Reaction indicator value: **6**
Nutrient indicator value: **4**
Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **1.51**
Disturbance frequency (herb layer): **1.62**
Disturbance severity: **0.51**
Disturbance severity (herb layer): **0.5**
Mowing frequency: **0.78**
Grazing pressure: **0.26**
Soil disturbance: **0.14**

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