

Parnassia palustris

Habitus and growth type

Plant height [m]: **0.17**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **25.43**

Flower

Flowering period: **May-August**

Fruit, seed and dispersal

Seed mass [mg]: **0.03**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Wet**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Oligotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8.1**

Temperature indicator value: **4**

Moisture indicator value: **8.2**

Nutrient indicator value: **2**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **1.12**

Disturbance frequency (herb layer): **1.51**

Disturbance severity: **0.32**

Disturbance severity (herb layer): **0.28**

Mowing frequency: **0.37**

Grazing pressure: **0.19**

Soil disturbance: **0.12**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [PA \(SCH\) *Scheuchzerio palustris-Caricetea fuscae*](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [Q23 Relict mire of Mediterranean mountains](#), [Q41 Alkaline, calcareous, carbonate-rich small-sedge spring fen](#), [Q43 Tall-sedge base-rich fen](#), [Q46 Carpathian travertine fen with halophytes](#)

Constant species of EUNIS habitats: [MA211 Arctic coastal saltmarsh](#), [N1H Atlantic and Baltic moist and wet dune slack](#), [P2N Spring](#), [Q23 Relict mire of Mediterranean mountains](#), [Q24 Intermediate fen and soft-water spring mire](#), [Q41 Alkaline, calcareous, carbonate-rich small-sedge spring fen](#), [Q42 Extremely rich moss-sedge fen](#), [Q43 Tall-sedge base-rich fen](#), [Q45 Arctic-alpine rich fen](#), [Q46 Carpathian travertine fen with halophytes](#), [R37 Temperate and boreal moist or wet oligotrophic grassland](#), [U25 Boreal and Arctic base-rich scree and block field](#)

Broad habitat

Occurrence in broad habitats: Coastal saltmarsh, Spring, Wetland, Mire, Grassland (non-alpine, non-saline), Sparsely vegetated (incl. rock and scree)

Distribution

Continentality amplitude: **8**