

Inula helvetica

Habitus and growth type

Plant height [m]: **0.52**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Flower

Flowering period: **June-September**

Fruit, seed and dispersal

Seed mass [mg]: **0.16**

Dispersal mode: **Anemochory**

Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Wet**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **7**

Moisture indicator value: **7.3**

Reaction indicator value: **7.3**

Nutrient indicator value: **7**

Salinity indicator value: **0**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [**QG \(EPI\) Epilobietea angustifolii**](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub, Synanthropic**

Distribution

Continentality: **4**

Continentality amplitude: **2**