

Clinopodium alpinum

Habitus and growth type

Plant height [m]: **0.15**

Life span: **Perennial**

Life form: **Chamaephyte, Hemicryptophyte**

Flower

Flowering period: **May-August**

Fruit, seed and dispersal

Seed mass [mg]: **0.78**

Dispersal mode: **Myrmecochory**

Dispersal distance class: **3**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Oligotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8.4**

Moisture indicator value: **4**

Reaction indicator value: **8.1**

Nutrient indicator value: **2.3**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.81**

Disturbance frequency (herb layer): **1.46**

Disturbance severity: **0.44**

Disturbance severity (herb layer): **0.35**

Mowing frequency: **0.19**

Grazing pressure: **0.29**

Soil disturbance: **0.14**

Habitat and sociology

EUNIS habitat

Diagnostic species of EUNIS habitats: [R45 Alpine and subalpine calcareous grassland of the Balkans and Apennines](#), [S75 Eastern Mediterranean mountain hedgehog-heath](#)

Constant species of EUNIS habitats: [R14 Perennial rocky grassland of the Italian Peninsula](#), [R17 Heavy-metal dry grassland of the Balkans](#), [R44 Arctic-alpine calcareous grassland](#), [R45 Alpine and subalpine calcareous grassland of the Balkans and Apennines](#), [S24 Subalpine genistoid scrub of the Amphi-Adriatic region](#), [S74 Central Mediterranean mountain hedgehog-heath](#), [S75 Eastern Mediterranean mountain hedgehog-heath](#), [T39 Mediterranean and Balkan subalpine Pinus heldreichii-Pinus peuce forest](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Alpine-subalpine and arctic grassland, Oromediterranean scrub, Scrub, Forest, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality: **4**

Continentality amplitude: **4**